



UNIT OUTLINE

PC003-612, 712 & 812, Pastoral Skills and Methods

Description	Provision of pastoral care is a key component of Christian ministry. The aim of this unit is to introduce students to the aims of pastoral care, equip them with foundational pastoral counselling skills and develop knowledge and understanding regarding several situations for which individuals may seek pastoral care.	
Content	<p>Section A: Pastoral Skills and Methods</p> <ol style="list-style-type: none"> 1. Aims and methods in pastoral care and counselling. 2. Relational skills. 3. Equipping others. 4. Mechanics of care. <p>Section B: Pastoral Care in Particular Situations (60%)</p> <ol style="list-style-type: none"> 5. Pastoral care of persons with special needs. 6. Pastoral care of people in the following situations: <ol style="list-style-type: none"> a. marital disharmony and divorce; b. dying and death; c. depression. 7. Pastoral care of those in crises or with chronic conditions. 8. Community resources for pastoral care, including other helping professions; when to refer. 	
Study modes	<ul style="list-style-type: none"> • Attendance • Off campus <ul style="list-style-type: none"> ○ <i>Both modes include a compulsory two-day intensive</i> 	
Assessment*	AQF 6-8	<ol style="list-style-type: none"> 1. Role play and reflections 2. Interview 3. Research essay
Textbooks	<p>Required: Collins, Gary R. 2007. <i>Christian Counselling: A Comprehensive Guide</i>. 3rd ed. Nashville: Thomas Nelson.</p> <p>Highly recommended: Petersen, Bruce L. 2007. <i>Foundations of Pastoral Care</i>. Kansas City: Beacon Hill Press.</p>	

* Assessment items may be subject to change without prior notice